



♣ March Services ♣

♣ March 3, 10:30 am — Reverend Alison Cornish “What Shall We Do About the Wolves in the Walls?”

In an eerie and vividly illustrated children’s book, *The Wolves in the Walls* by Neil Gaimen, Lucy thinks she hears wolves living in the walls of her house. When she screws up her courage to tell her family, they say “Well, you know what they say, ‘When the wolves come out of the walls, it’s all over.’” This provocative story explores truth-telling from many angles – and is a great way to launch a month of exploration of the concept of truth. Come learn what ‘truth-telling’ means in the world of action on climate change!

The Rev. Alison Cornish is an ordained Unitarian Universalist minister. She ministered to congregations on Long Island from 2001-2013, and since moving to Philadelphia in 2013, has served her ministry in community settings. She is currently the Executive Director of Pennsylvania Interfaith Power & Light (PA IPL), a state-wide affiliate of a national organization encouraging congregations to respond to the challenge of climate change as an urgent moral issue; and as Director of Congregational and Seminary Initiatives at Interfaith Philadelphia, which seeks to build a healthy, religiously diverse democracy in the greater Philadelphia region. Alison is the affiliated community minister at First Unitarian Church of Philadelphia. Please join Alison for a conversation following the service about the work of PA IPL, and ways UUFLB might become more involved in the work of climate justice.

♣ March 10, 10:30 am — Gil Crisenbery “Truth: Keep An Open Mind!”

Our fourth UU principle affirms: “A free and responsible search for truth and meaning.” Our very own Gil Crisenbery will be speaking about what UU’s believe. However, the whole subject of UU beliefs is a fuzzy one!

Gil Crisenbery was raised as a Roman Catholic and survived eight years in a Catholic school. Unable to find the answers he was looking for, he discovered the spiritual philosophies of eastern religions, and spent several years living in an ashram in Oregon. Today he is an avid student of A Course in Miracles, and has been an active member of UUFLB since 1999.

♣ March 17, 10:30 am — Emily Quarles-Mowrer “The Truth is Out There”

Anyone who is a fan of the 90’s show *The X-Files* or its recent reboot will remember the tag line, “The truth is out there.” Another popular tagline from the show is, “I want to believe.” For many of us, there is a tension between the words “belief” and “truth.” For some of us, “belief” can only be used as a placeholder until “truth” is revealed. For others, “belief” and “truth” are grounded in completely different realms of thought. Join us as we consider how our beliefs influence our truths.

Emily Quarles-Mowrer is a child of a Unitarian Universalist minister and has been preaching sermons of her own since 2006. A life-long UU, Emily is an active member of the UU Fellowship of Pottstown. She currently lives in Gilbertsville, PA with her husband, two daughters, four cats and one very outnumbered dog.

♣ March 24, 10:30 am — Reverend Libby Smith “To Speak the Truth with Hope”

In our tradition we emphasize the importance of seeking the truth, and at their ordinations our ministers promise to “speak the truth in love”. But in these troubled times, the truth can feel paralyzing rather than empowering. Can we bring a theology of hope to our commitment to truth-seeking?

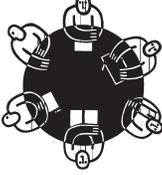
The Rev. Libby Smith, M.Div., is delighted to come back to UUFLB where she had the honor of serving as minister from 2007 – 2013. Ordained in 1992, she also served congregations in Rockport, MA and Warrington, PA, and spent five years as chaplain at the UU House retirement home in Philadelphia. Now retired from congregational service, she does occasional adjunct work for the Central East Region of the UUA and enjoys the chance to do pulpit supply and rites of passage on request.

(Continued on page 3)

Our Vision

UUFLB supports spiritual, intellectual and emotional growth in a diverse congregation of all ages and beliefs. We reach out to everyone with love and acceptance to better ourselves and the world.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3 What Shall We Do About the Wolves in the Walls?" Reverend Alison Cornish Climate Change Conversation Leaders Council Meeting at FC Family Services Breakfast 7-8:30 am	4 7:30-9 pm Board Meeting 	5  7:00 pm Worship Team Meeting	6	7	1 8	2 9
10 "Truth: Keep An Open Mind!" Gil Crisenberg Pledge Sunday DAYLIGHT SAVINGS TIME BEGINS	11	12	13  7:00 pm We Care Team Meeting	14	15 7:30 pm  Book Discussion "The Alice Network" by Kate Quinn APRIL Newsletter DEADLINE	16 11:30 am Social Action Club
17 "The Truth is Out There" Emily Quarles-Mowrer Family Services Breakfast 7-8:30 am  SAINT PATRICK'S DAY	18	19	20  FULL MOON	21	22	23 6 pm Movie Night The Incredibles
24 "To Speak the Truth with Hope" Reverend Libby Smith 12 noon - 12:40pm RE Team Meeting @ Pen Ryn gym	25	26	27	28	29	30
31 "Fake News Lab" Angela Konin, DRE	<h1>March 2019</h1>				<h2>Snowstorm?</h2> <p>Find out if we are having Sunday Service by calling the Fellowship Center at 215-752-5689 after 9 am on Sunday. If we are canceling the service there will be a message saying so.</p>	

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Worship Services
 Pen Ryn School
 235 South Olds Blvd.
 Fairless Hills, PA 19030
 10:30am Sunday
 Sept. to mid-June

☘ March Services

(Continued from page 1)

Multi-Gen Service

March 3, 10:30 am

—Angela Konin, DRE

“Fake News Lab”

Join us as we explore the Fourth UU Principle – a free and responsible search for truth and meaning – by applying scientific methods to detect false information.

Angela Konin has been a UU for about 5 years and is in her second church year at UUFLB as Director of Religious Exploration. In addition to running the RE program, Angela has been instrumental in creating wonderful, multi-generational community services for us once each month since September. She puts forth great effort to make each of these events a positive experience for old and young alike. Angela is a wonderful addition to our UUFLB family.



What's Up With Worship?

We will continue with the monthly Touchstones. This year's overarching theme is “Let Your Life Speak” and our monthly

themes will encourage you to listen to your life as a way of shaping your days and guiding your personal journey.

We are excited to share the March sermon topic of “Truth” which is the next building block on top of January's subject of Grace and February's subject of Surrender and Letting Go. From our Touchstones summary, Truth is a part of our religious search according to our 4th principle – A free and responsible search for truth and meaning. Truth is the philosopher's quest, the scientist's North Star, the poet's muse, and the social activist's passion. For us, science and religion are both valuable and venerated tools for truth-seeking yet we approach truth with humility.

Sherri Crisenbery, Worship Team Leader

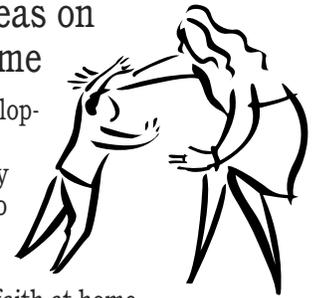


Focus on RE

Some Simple Ideas on Bringing UU Home

Increasingly, faith development happens at home. Because we are all busy and typically not able to participate in faith

opportunities outside of Sunday mornings, I've put together some ideas for practicing faith at home.



Incorporate short readings before mealtimes.

I like “A Grateful Heart: Daily Blessings for the Evening Meal from Buddha to the Beatles” edited by M.J. Ryan. “A Year of Positive Thinking” by Cyndie Spiegel is nice too, and a little more focused in scope. These readings can serve as a great jumping off point for conversation.

Consider re-creating at home, the service elements that are meaningful to your family. Lighting a chalice and sharing joys and concerns are easy-to-execute and can enhance calm and connection.

Make communication a priority. Create a safe and transparent atmosphere by reserving judgment, respecting privacy, and not rushing to “fix” problems.

Consider creating a family covenant that explicitly addresses what's most important for your family. UUA.org has a simple, general guide for getting started: <https://www.uua.org/re/tapestry/youth/families/workshop1/105585.shtml>.

Check out the Family Pages in UU World Magazine (available free online www.uua.org/families/uu-world-family-pages), Each issue includes a few pages of faith-building activities designed for families.

Are you incorporating these or other ideas at home? I'd love to hear about it! Email dre@uufb.org to share.

Angela Konin, DRE

Fundraising Opportunities:

The fundraising committee will again have a gift basket raffle this spring. Tickets will be sold from 3/17 - 4/7, with winners pulled on 4/7. It's not too late to donate an item, service, gift card or a basket.

Our gift card fundraiser will take place after the April services, and cards will be distributed on 5/5. This is an area that everyone can help with by asking family, friends, etc to purchase gift cards. It does not cost anyone anything extra and it helps our fellowship.

Look forward to a perennial plant sale in early May as well!

Tracy Laverty, Robin Appleton, Evelyn Griga

We welcome your newsletter submissions!

The April Fellowship News deadline is **Thursday, March 15**. If you'd like your article, announcement, or other written work to appear in the April newsletter, please e-mail your submission by Thursday, March 15. If you have any questions, please see Priscilla Applegate or e-mail: newsletter@uufb.org

Finance Report

Kudos to the Fundraising Team – the holiday wreath sale was a huge success and the wine and beer tasting hosted by the Griga's was thoroughly enjoyed by all who attended. The annual chili cook-off continues to be a phenomenal fundraiser as well as an opportunity to chow down on a variety of yummy chili – thanks to all the competitors!

An anonymous member of the Fellowship challenged us to beat the amount we donated to Heifer International in 2017 with an offer to add an additional \$100.00 to the 2018 donation. I'm thrilled to report that the amount collected in 2018 exceeded the 2017 amount so the additional \$100.00 was added to our total 2018 donation to Heifer. Just another example of how this fellowship continues to step up!!!

The next time you see Nancy Lesh, please take a moment to thank her for all the beautiful homemade items she creates. Monies earned from the sale of her items is generously donated to the UUFLB.

As the Board and Team Finance work on the 2019–2020 budget it is important to note that pledges are just one of the things that help this organization to function. The Fellowship is your place of worship. For many it is their spiritual home, so please step up and put your talents to work by joining a committee or helping with a one-time opportunity or event. Quite simply, this Fellowship would not be able to function without the work of those who volunteer.

As we look toward the end of our fiscal year (June – May), pledges are at 70%. Thank you for your pledges! Please consider setting up an automatic pledge check to be sent directly from your bank to the fellowship office on a schedule you determine. If you have any questions about automatic pay, please send an e-mail to finance@uufllb.org.

Peace and Love from Team Finance

Adult Enrichment



**Book Discussion: Friday,
March 15, 7:30 pm** *The Alice Network*
by Kate Quinn



**Book Discussion: Friday,
April 19, 7:30 pm** *Vanishing Acts*
by Jodi Picoult

All activities take place at the Fellowship Center unless otherwise noted.

Important: Call the host/hostess or the Fellowship Center to be included in the above activities. Remember that each host, hostess, or activity coordinator has taken time preparing for these events. If your plans change and you cannot attend, please call as early as you can to cancel. Thank you.

Brick by Brick

Many Saturdays I spend my time attending flea markets attempting to buy someone's "good ideas at the time". Many of these sales are in churches so I get to see many different facilities. This is always as interesting to me as the articles they have for sale.

Today, the Saturday before this article is due, was a little different. I spent the entire day at a Protestant church that was rented to an outside group for a conference. What a beautiful facility! Most of the churches in Florida are one story buildings set on large lots. This church was exactly that plus an additional building with meeting rooms, offices and classrooms. We were in that additional building.



During our lunch break I was discussing the beautiful day and beautiful facility with an acquaintance. During that conversation I explained that our Fellowship did not have a building and that we rented from a school. She was surprised that after more than fifty years we still did not have a building. She, then, went on to say many of the things we have discussed.

1. There is so much you can do when you have your own facility.
2. There is so much you can offer the wider community.
3. Owning your own building gives you so much more visibility.
4. It gives you more identity.
5. It also gives you more credibility to others and to newcomers.

My friend doesn't know us and doesn't even know what religion we are, but she understood our pain. In the few brief moments we talked, I felt even more determined to continue to work for, not just a building, but for everything a building and this religion means to me and to others.

As someone pointed out, our principles don't command us to believe a specific way that was determined thousands of years ago. They are rules for the way the world should be run now. They can be changed as we learn more about our world. We need to be here for now and for the future of our world.

You can help build this Fellowship building by joining "Deepening Our Roots". This is a subscription program where you decide how much you would like to give. It is easily done by filling out the green form on the greeter's table and giving it to a member of the building team (Jodi Thompson, Bill Edwards, and Nancy Lesh) or returning it to the Fellowship Center. Other donations can be made at any time in memory of someone or to commemorate a special occasion. Just be sure to write "building fund" on the memo line of your check.

Nancy Lesh, Building Team

What's Brewing?!

Your UUFLB Hospitality Committee has been diligently providing coffee hour service all year. As most of you already know, the front line is led by Colleen Stough and me, Elizabeth. We make sure there is hot coffee, a selection of teas, cream and low-fat milk each week. There is a dedicated second line of support comprised of Robin Appleton, Janet Kelly, and several others. Janet lines up snack providers and keeps a Sunday coffee-hour calendar for volunteers who are able to contribute munchies.

Another service provided is the set up and clean up related to our Sunday potlucks and the buffets we hold for important fellowship business meetings.

Your assistance is always welcome and we are happy to provide training. Currently, Colleen wears several "hats" to help the fellowship run smoothly, so any additional support to lighten her responsibilities is appreciated.

How can you help?

- A "tip" jar is often set out on the snack table. We will accept your spare change any time and use it to replenish supplies.
- Speak with Janet Kelly to volunteer snacks for any Sunday. Snacks are usually simple, finger-foods. Examples of easy and low-cost munchies are grapes, apple slices, celery and carrot sticks, pretzels, cookies, donut munchkins, etc. You get the idea!
- Complete one simple task before you leave Pen Ryn on a Sunday afternoon. For example, wipe down a couple of tables, volunteer to take the trash outside, help pack up leftover goodies and store supplies in the cart. The cafeteria should be left to look as if we were never there by approximately 1:00 pm!



If you have suggestions as to how the coffee hour could be improved or run more efficiently, we are all ears! The coffee hour is a valued time for all of us to check in with one another and strengthen our sense of community.

Elizabeth Mitchell



Pledge Sunday March 10, 2019

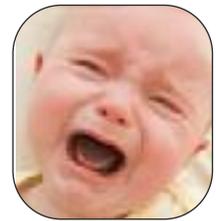
Pledge Sunday is approaching (save the date: March 10) and we'll continue using the co-op model introduced last year, where membership has triple components: financial, sweat equity, and ownership. This has always been the spirit of UUFLB membership; only our presentation has changed. As you look ahead to renewing your UUFLB membership for 2019-2020, and you are thoughtfully considering your financial contribution, please also contemplate how you'd like to serve our fellowship. Many hands make light work.

Your Existence Is Not Unlike My Own



*Shades of skin and hair of gold, brown or black
Shapes and sizes of different mass
we may look different
but your existence is not unlike my own.*

*Born near or far or farthest
we both opened our eyes and
in amazement we cried
we both discovered the pain of wants
and the fulfillment of plenitude.*



*We both practiced the millions exhilarating tries of
sitting and standing and running and falling.
I laughed like you laughed
when we found joy in every corner,
and we were shocked that pain
was also found there*



*We grew up.
I loved like you loved
and sufferend the betrayal as you did too.
I smiled like you smiled in the warm embrace of a friend.
I hurt like you hurt when life turned hard and
incomprehensibly painful.
My questions were also your questions
The answers multiplying in soft spirals around us.
We grabbed the ones we thought were best
and held them close till we found others better.*

*Shades of skin and hair of gold, brown or black
Shapes and sizes of different mass
We may look different
But your existence is not unlike my own.*

— Arlette Rosen



We Care and the Caring Committee

Split Plate For March is the Central American Migrant Justice (UUSC Initiative)

In January we included a collection to buy needed items for refugees staying at the Berks County Family Detention

Center (ICE) at 1040 Berks Road in Leesport, Pa 19533.

In order to go a little deeper, we decided to focus this month by partnering with the Unitarian Universalist Service Committee (UUSC) initiative on Central Migrant Justice. Why do they consider this an initiative? According to their website:

“Violence, impunity, and corruption have forced thousands of Central Americans to flee their homes. All people have the rights to safety, human dignity, and a process to seek asylum. Yet when they flee, migrants face further dangers and abuses designed to deter them from their journey. Upon reaching the United States, they can be detained, prosecuted, or have their family members taken from them. After years spent building their lives in the United States, they may still be at risk of deportation.”

UUSC’s strategy uses a regional lens, aimed at three aspects of the issue:

- The right to safety in Central America
- The right to safety on the migrant trail
- Human rights and the U.S. immigration system



These three aspects are inextricably linked. As with all of our initiatives, we focus our grant-making and partner support on grassroots organizations working for systemic change. We believe that connecting groups across the migrant trail from El Salvador to Mexico to the United States will create a strong movement centered on the rights of people, not borders.”

Please consider giving to this worthy cause. Check out the website.

Aid For Friends Adventure!

We went to Aid For Friends on Sunday February 17 from 1 – 3 pm. They are a community organization committed to helping the needy. This especially includes a lot of elderly shut-ins throughout the Delaware Valley who are in need of extra care. We had a great time as we always do.

We even had some new faces join us.

Many thanks to everyone who supported this effort. We wouldn’t be doing this if it wasn’t for your involvement. See photos from the trip in this newsletter on page 7.



Food Bank – Bring in a can, a bag, or cash

So, how many times have you come to service and forgot to bring some food for those in need? I’ve been guilty and have felt bad many times because of my own forgetfulness. Have no fear! There is a solution!

We have instituted a bucket for any and all cash contributions. With the money that goes in the bucket, we will purchase food using Giant cards purchased through the UUFLB. So, this way the Fellowship benefits as well. Everybody wins if you throw something in the bucket! Many thanks for all that you do!

First and Third Sundays at the Homeless Shelter is “The Breakfast Club”!

The Breakfast Club is the only group to provide hot breakfasts at the shelter. We do this on the first and third Sunday every month if enough people sign up. It takes 3 to 4 people to make breakfast happen. We make delicious breakfasts usually including pancakes, breakfast meat, and 2 types of eggs. Fresh fruit is also available. Come join the crew. Our meals are always appreciated and we have a great time!

Interested in becoming a volunteer? See Bernie Griga or Rich Kelly for more information. The homeless shelter is run by Family Services of Bucks County. <http://www.fsabc.org/>

Serenity Garden planting and garden tending adventure coming up at Livingrin April 6!

Meet Saturday morning, April 6 at 9 am to help Livingrin clean up and prepare their garden. From their website:



“Livingrin is the Philadelphia region’s largest and most respected addiction treatment and rehab center offering a full range of detox, inpatient, outpatient and specialty services for drug, alcohol and other substance abuse dependencies.”

Maybe you or someone you know got help at Livingrin. They are an organization that has had a definite beneficial effect on peoples lives in the Bensalem area. We are looking forward to checking out their Serenity Garden and making our own impact. Come join us!

The We Care Team:

The We Care Committee consists of Kathleen Dorian, Bill Appleton, Bernie Griga, Amanda Geiss, and Rich Kelly with Janet Kelly as board liaison.

Have an idea or a cause to pursue or just want to attend our meetings? Contact Rich Kelly or Bernie Griga if you have questions or comments, or if you wish to volunteer or come to a meeting. New participants are always welcome.

Rich Kelly, We Care Team Leader



The Greater Philly UU Cluster (GPC)

The Greater Philly UU Cluster (GPC) is comprised of 14 nearby UU congregations and is actively connecting these congregations to share our message, grow our faith and strengthen congregations. Check out our GPC google calendar www.greaterphillyuu.org/calendar to attend events at the other cluster congregations.

Jubilee Learning Together About Systemic Racism March 8-10, Main Line Unitarian Church

For more details and to register:

<https://www.uua.org/central-east/events/region/jubilee-workshop-pa-319>

Volunteerism: The Struggle is Real! Free Leadership Development Training March 16, 9 am – 12 noon

Come at 8:30 am for meet and greet at the Unitarian Society of Germantown. We'll take some time to examine changing demographic trends and what they tell us about who volunteers and why, and look at new ways of recruiting, retaining and appreciating the folks who power our congregations in so many ways. Pat Infante, CER Primary Contact, will be facilitating the workshop. For more details and to register, visit: <http://www.greaterphillyuu.org/events/volunteerism/>

Singers Workshop April 13, 12:30 – 5 pm

Unitarian Universalist Church of Delaware County. Join us for a day of singing and fellowship with area UUs. The workshop will include group singing and specialized sessions. Each session will tackle one subject pertaining to singing. Participants will learn exercises/repertoire to increase vocal abilities. All abilities and talents welcome! Register by April 6.

<http://www.greaterphillyuu.org/events/sngerworkshop/>

New Hope Celebrates Pride Parade May 18, 11:30 am – 1 pm

Our congregations have been participating in this parade for the past 7 years, and have enjoyed joining other faiths as we walk to affirm and promote the inherent worth and dignity of every person. If you, or your congregation would like to join us, please contact us in advance at welcoming@uufllb.org or find us in the staging area by 11:00 am on the day of the parade. For more info, visit:

<http://www.greaterphillyuu.org/events/new-hope-celebrates-pride-parade-2019/>

Check out the Cluster website www.greaterphillyuu.org for more information and get connected with your fellow UU's!

2/17/10 Aid for Friends





Unitarian Universalist Fellowship of Lower Bucks
Penn's Square, Suite 308
404 Middletown Blvd.
Langhorne, PA 19047
www.uuflb.org

Sunday Service is 10:30 a.m.
at Pen Ryn School
235 South Olds Blvd.
Fairless Hills, PA

For address corrections, additions or deletions,
please call the Fellowship Center: 215-752-5689

March to June

Childcare and Youth Religious
Education are provided.



Our Mission

UUFBLB provides dynamic services, relevant lifespan
Religious Education, and effective and focused
community outreach in an atmosphere that respects
the individual and supports the community at large.

March Table of Contents

March Services.....	1
March Calendar	2
What's Up With Worship / Focus on RE.....	3
Finance Report / Brick by Brick / Adult Enrichment	4
What's Brewing?	5
Your Existence Is Not Unlike My Own	5
We Care	6
Greater Philly Cluster / Aid for Friends Photos	7



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